

# BRIDGES

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warm **P. 27**

WEDNESDAY, NOVEMBER 20, 2013

A STARPHOENIX COMMUNITY NEWSPAPER

## PLAYING FOR THE TEAM

**MEET JUNE TRUEMAN:  
JUST YOUR AVERAGE  
GLOBE-TROTTING,  
PEP-SONG-PLAYING,  
KILT-LIFTING, SAXY GRANNY P. 4**



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# INVENTORY

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## # THE RIDER STORE

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# BRIDGES



## DRIVING TIP

#34

THE BOARD-B-TYRED



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**fig 2.** Once free of the snow bank, proceed to your destination, behind schedule. Congratulate yourself for demonstrated expertise in winter driving, unaware that the board was launched into the air and through a nearby motorist's windshield.



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June Durney (4) is a member of the Senkatchewen Roughriders Pep Band and will be attending her 21st consecutive Grey Cup with the group this year in Regina. **BRIDGES PHOTO BY SARAH SCHLOSSER**

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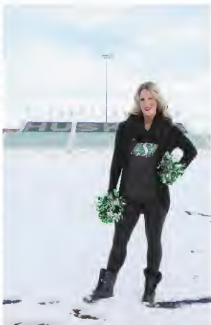
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Lindsay McLaughlin is cheerleader for the Roughriders, says Griffiths Stadium or Prince's Cup Park is her favourite place to watch football in Saskatchewan. **BRIDGES PHOTO BY MICHELLE BIEGS**

## BRIDGES COVER PHOTO BY BRYAN SCHLOSSER

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# ON THE COVER

"There's no age barrier to music."

— June Trueman

# SASKATCHEWAN ROUGHRIDER PEP BAND

## June Trueman is ready for her 21st Grey Cup



June Trueman is a member of the Riders Pep Band who will be at her 21st Grey Cup. Inset photo: JUNE TRUEMAN

By Ashley Martin

### KICK-OFF

June Trueman lights up as she recalls that night six years ago in Toronto after the Saskatchewan Roughriders won the Grey Cup.

As the snare drummers cut their instruments loose from the railings where they were taped for support, Trueman, 88, is a telephone around her neck, and her fellow Rider Pep Band

members regaled the crowd with the jaunty tunes of the Green and White. On *Breakthrough*, on *Roughriders Plunge* right through that line. March the ball on down the field. A madhouse every year!

When they began their search out of Rogers Centre, they gathered a following.

"They didn't have a parade permit — this was just a 'walk,'" says Trueman, air quoting the word with her hands. The crowd grew as it followed

the band.

"By the time we got to our hotel, I think we had about 2,000 people following us. That was so fun," says Trueman, who at age 88 is the oldest member of the pep band.

Along the way, they'd walk into a bar, play through and walk out again.

At one bar they heard "You can't play in here" instead, everyone went outside to hear the pep band.

The fact that the CN Tower was lit

up in green stands out most in her memory.

That same trip, she met one of her many friends from Grey Cup past — Brett Slynner, a Blue Bombers fan and co-owner of All Star Tunes in Winnipeg.

The two were walking down the same street and got pulled in by a TV camera, so fans of the league's two Saskatons. They shared a kiss and made national news.

Trueman's memories from the

past 20 Grey Cups can fill a book.

Actually, they fill 10 books. Trueman is the unofficial record keeper of the Saskatchewan Roughriders Pep Band, of which she's been a member since its inception in 1966.

Interwoven with type-written snippets describing dates, places and people, and articles and photos clipped from the *Lester Post* are photographs of band members — photographed behind the plastic bags of old-fashioned photo albums.

Little did I know... that that beat-up old saxophone was going to take me to every major city in Canada.  
— Trueman



The pep band lives up the crowd at Mosaic Stadium during every Roughriders home game. PHIL MATHIAS

Trueman isn't too shy as she once was — as long as her back keeps her from marching with the band as she once did — but she can stand for a while and can play sitting down. Her lungs aren't a problem. She plays in Section 35 every home game, a special bottle along for those dreadfully hot games, and hunkered up in her own underneath her pep band jacket for the cold ones.

She's one of only two pep band members who have travelled with the team to attend every Grey Cup across the nation. Rhonda Koro-White is the other. This year is their 21st.

The band has a different Grey Cup expert more than most fans though — or even most volunteers who are required to serve a mass meal of 10 hours.

"We put in more like 900 hours or more," says Trueman.

In 1995, when Reagan last hosted Grey Cup, the pep band posted 73 official performances. In Toronto in 2007 it was 80. Those numbers don't include the impromptu sets they play any chance they get.

Whether it's entertaining fans waiting in line to get into a game, or a 15 min. video-up call to appear on CTV's Canada A.M., they relish the opportunity to play.

"We don't go to Grey Cup to sleep," she says laughing — it's hard about June, she laughs a lot. "Mind you when you get back it might take you 30 days to recuperate."

"It's no use to be treated like celebrities," she adds. At the venues — when we come in, everybody starts yelling and cheering."

Though the Riders' is no longer the only pep band in the CFL, Trueman's arguments have been around since 1995: the band is still treasured across the league. It was once called the official band of the CFL by the league's executive members for decades.

"They celebrate and just Saskatchewan, but every other city, which is great," says Styles.

"Without them, I think Grey Cup wouldn't be the same. It's a case when they come from Saskatchewan and do their songs about Winnipeg and about every other team."

Continued on Page 6

## Authentic Amish Cooking



Copyright © 2013 Authentic Amish

### Chicken and Rice Skillet Dinner

4 Boneless Skinless Chicken  
Breasts, cut into 1" strips,  
about 1 lb.

2 T. Oil

1/2 C. Skillet Rice, or 1  
lb. of dry rice  
1/2 C. Chicken Broth

1/2 lb. of Medium Lentils,  
20 C.

1/2 C. Instant Rice

1/2 C. Jarred Chopped Tomatoes  
Shredded Cheddar Cheese  
2/3 C. Water



In 12" skillet, sauté chicken in hot oil over medium heat for 4-5 minutes or until done. Add vegetables, salt and water. Bring to boil, cover and simmer 5 minutes. Add rice to bowl, stir in rice. Top with cheese. Cover and cook 5 minutes. For best 4-6 servings.

### Chocolate Cake Roll

1/2 C. Cake Flour

1/2 C. Unsweetened

2 C. Cocoa Powder

2 C. Sugar, unsweetened

1/2 C. Soda

1/2 C. Baking Powder

1/2 C. Salt

4 Large Eggs,

unseparated

1 C. Sugar, unsweetened



Preheat the oven to 350°. Line a 9x13 inch cake pan with parchment paper. Grease and flour the pan. In a large bowl, mix the flour, cocoa powder, baking powder, salt and sugar. In another large bowl, mix the eggs, sugar and oil. Pour the dry ingredients into the wet ingredients and mix well. Pour the batter into the prepared pan. Bake for 15-20 minutes. Let the cake cool in the pan for 5 minutes. Roll the cake up in a towel and let it cool completely. Spread the frosting on the cake. Roll the cake up in a towel and let it cool completely. Spread the frosting on the cake. Roll the cake up in a towel and let it cool completely. Spread the frosting on the cake.

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Without them I think (Grey Cup) wouldn't be the same. It's nice when they come from Saskatchewan and do their songs about Winnipeg and about every other team. — Brett Sylvester

"I think it means a lot to the various party rooms and the fans," adds Kew-White. "I think we see a huge part of the Grey Cup festivities wherever we are because we promote the CFL."

A lot of comments are made on the Thursday night, 5th, the pep band's home, new Grey Cup can start. "We've built that reputation over the years."

And Trueman is a big part of that.

"Overall, she's like an ambassador," says Kew-White. "Everywhere we go — there's these or four people coming. Where's Jane? Where's Jane? Because they recognize her. She's just a sweetheart."

She's synonymous with the name pep band.

## FIRST QUARTER

Jane Lane, born in 1939, got her start playing soprano saxophone in the Midvale town band during high school. That experience ended when the town looking to make some money decided to sell the ten necessary instruments, soprano sax included.

"But at that time we had no money. We were dirt poor in Metville," says Trueman, whose father had a low-paying job with the provincial government in Regina.

Likewise, there was no money for piano lessons, which is her only regret about her childhood.

"It was pretty hard times but the kind of glad we were brought up when we did because we appreciate everything a lot more."

When Jane married Clifford Trueman in 1960, they moved to Regina and had three children. A teenage Rider fan, Trueman named her first-born after Glenn Dobbs, a Saskatchewan player/coach from 1961-65. Two daughters, Marjorie and Elaine, followed.

When Daise joined the quartet, the Lane Band, it was Trueman's introduction to music.

"I missed all the excitement band going here, there and everywhere." Her solution was to join the Lane Adult Band.

## SECOND QUARTER

In 1993 director Bob Manning had

the motif of an idea to start a pep band like the ones he'd seen in American football stadiums. Trueman was all for it.

It started with 27 members and has grown to 40-plus, with musicians like Duffin Grant, the youngest at age 32, and Trueman, the oldest.

"There's no age barrier to music,"

Joanne the band mascot attending a game in person for the first time in her life at age 64, and her first Grey Cup that November in Calgary, a matchup between the Edmonton Eskimos and Winnipeg Blue Bombers.

The Saskatchewan Roughriders Pop Band is a staple for many fans at the CFL's largest celebration. Because even though they wear green and white, they celebrate the entire league and its players.

This year the band has taken to knowing the fight songs of Rider players' alma maters — Weston Douglas University of North Dakota and Darin Darnell's University of North Carolina among them. They know the songs of many teams in the league. From Iowa State's The Alcoholic Flight On, to the tenacious Atlantic Bluebonnets, they've learned Newfoundland Eskimo's the Fly.

"With us when we started, if they didn't have a song, we made our own," says Trueman. "And you, it wasn't always complimentary."

## THIRD QUARTER

For Grey Cup this year, they've put a few new ones to learn — the T-100 theme and *Paint the World Green* among them. Trueman had the sheet music set up in her kitchen on a small stand, across from a rack of green shirts and jackets emblazoned with us '93.

She was working on memorizing the songs in song. "This computer at this age isn't all that great," she says, pointing at her head.

Actually her mind is as sharp as ever, but her body may hold her back this year.

"Oh, hope I can manage to get through it," she says, over laughing. She needs a pointer to get through the games here that never used to be the case.



Jane Trueman poses at her home with a caricature by Peggie at CFC High. Fly models made at BOWEN WORKERS.





We don't go to Grey Cup to sleep. Mand you when you get back it might take you 10 days to recuperate.

— Trueman



The Roughriders Plus band's Jane Trueman shows off the band's original members and has been to every Grey Cup since the 1950s. (Photos by Tom Hiley)

"He's enjoying his time with his kit. Forgetting that there's other saxophones, my friends don't have to be busy. I just stopped forward and (told him he's) 'Trueman. Her name is the obvious question.' I don't have to have white shirts with a big single leaf on them."

That anecdote will go down in radio history for her. Last year, a Winnipeg paper wanted his comments. "You watch out for Jane, she's the left eye," the result. "I'll never live that down. Her it's fun."

Of course, Jason Ferguson has the indiscretion. He still brings a gift for her each Grey Cup.

She's just an amazing woman," says Ferguson. "My son says, and I don't know how she does it but she still gets around."

When she retired in 1989 from her 25-year job as a cashier at the Sears Roebuck Centre, Trueman had more time for all her hobbies.

Aside from band (she's also a member of the Prairie Winds Concert Band), she plays cribbage, enjoys the state of Castro Regina and visiting with her many friends.

She's an avid volunteer, working largely to fundraise for the Bethune Home and CNIB. She's a top seller of the Haidor Pop Band's Grey Cup pool tickets — it's not cheap to seek to some people to Grey Cup every year. The band's budget is around \$100,000. She also sponsors wing-eye dogs for the Lions. At \$5,000 apiece, she's sponsored seven so far. It's one of her 10 youth charities.

Her work with the Lions earned her a trophy last year for Lion of the Year.

Traveling is another great love. She's been to 30 foreign places like Asia, Africa, New Zealand, Fiji, Belgium, Scotland and Italy. In Rome, she found a Haidor chair parked in the Vatican Chapel.

She'll never forget leaving the birds in the Amazon rainforest at the Paulina Canal, a trip she recommends to anyone.

"It's so educational to travel," says Trueman.

She loves road trips, too. To visit Dr. Mac, who lives in Ohio. She last went in 2011, driving her new Camry right off the lot.

"It takes me four days to get there

But I love to drive."

Two experiences on her travel bucket list: A House River Cruise and the Bremen Christmas light tour. She's not sure she'll ever experience the latter, though — it's during Grey Cup.

"I don't think I'm ever going to get there or else I'm going to be too old and too depressed to ever think of going on a tour. But that's still on the bucket list. Who knows, hey?"

#### FOURTH QUARTER

Trueman is a collector. She's got wall displays full of pins and has never been to many of the countries whose stamps she's collected over the years. It's a 2016 goal for her, growing up in Midland. She never got anywhere.

"We didn't even have a car. We maybe got to the lake on the back of a truck if you had 10 cents to carry to go to the beach for a Sunday."

"I guess that's where I got my last few travels."

After a second-hand microphone from her daughter's friend in 1993 convinced her to try it.

"Little did I know... that that last top-end microphone was going to take me to every major city in Canada."

After separating from her husband, Trueman bought a house in 1995 for \$22,000. She paid it most from the colour compliments the Rates Rate poster on the back window.

As she's physically slowing down with age, people have suggested she move into a condo. She rejects the idea.

"Can you see me when I have to memorize the music or have to start playing the saxophone at midnight? I can't do that."

But she knows her life will change eventually. She can't march anymore, and her husband takes twice as long.

"I can use the old saying, that's my problem," says Trueman. "The day I have to give up my hand, the day I think my life is over."

But they must live. He's involved forever.

"She's in there to do what she can do any more," says Ken White. "Pop head wouldn't be the same without her."

"If you asked anybody who is in the stadium, I would be tempted to say they're going to say Jane."

anne@shaw.ca

# FASHION

What do you plan to wear during the Grey Cup Festival?  
Send a photo to [QC@leaderpost.com](mailto:QC@leaderpost.com)

## #CFL FAN FASHION

### Jason Bond: Gold is the colour for this Bomber fan

By Ashley Martin

When Winnipeg Blue Bombers fan Jason Bond attended his second Labour Day Classic in 2004, his friends donned blue pajama tops.

He was unimpressed by their effort, especially when compared to the curly-chested men he witnessed in Saskatchewan. It got him thinking about his own crazy costume idea, inspired by his walk to work.

When Bond moved to Winnipeg from Regina in 2003, he got a job near the Manitoba legislature, a domed building on top of which stands a golden statue of a boy.

"After experiencing a few Labour Day Classics, I always thought that would be the perfect costume," says Bond.

He became the Golden Boy for the first time in 2009 and assigned the chance, for speedily since. But this year Bond decided to fully embrace the persona. He attended each home game this season — as well as the Labour Day Classic in Regina — painted gold.

The costume has evolved since the first time. Bond has recently mastered the intricacies of applying body paint and the props have improved with time.

As he attends his first ever Grey Cup this weekend in Regina, Bond won't look exactly like the Saskatchewan weather in November is not known to be kind after all, and over to muddy would be an invitation for friction, but in addition to his grey jacket, long pants — all the standard winter wear — and a Bombers jersey, he'll have his trademark golden face, his gold and wheat sheaf so there'll be little confusion.

Bond prefers the extreme end to the alternative, anyway. Not weather games are the most painful to be the Golden Boy — and it's not just about his comfort level.

When he suits, the gold paint turns that most despised of colours for a Bombers fan: green.

"There's so much because I don't want to look green. I've always kept brown and applied inside the lines out for me, so when I start sweating," says Bond. "That's the enemy of the Golden Boy."

You'll likely catch Bond in all his golden glory at some point during the festival. And if you recognize him, let him know. His favourite part of the job is being noticed.

1. **TORCH MUG:** "I turned a coffee mug into a beer mug as a way to have fun with it."

2. **CROWN:** "I did have a real crown, lost it during Labour Day Classic... I found some straw which is also some painted gold."

3. **BODY PAINT:** "Haven't found a place in Winnipeg to come by this year. Winnipeg a Harlequin Costume store is perpetually out of stock so people outside the province have shipped it to him. It's a theatrical makeup paint so it's also combined with a bit of body paint. If they try to destroy the costume, there's not a greater sense of doing that than by peeling blood off me."

4. **WHEAT SHEAVES:** "Last year his brother would take wheat from a farmer's field and spray paint it gold."

5. **SHORTS:** "Spandex from American Apparel. In 2007 I took a blue Speedo and I spray painted it gold. It was the only thing I could think of."

6. **FLIP FLOPS:** "Vib's Head Lemonade is sold with a pair of sandals every summer. I made them my Golden Boy shoes."

PHOTOS BY ALEX DOLYNAK

# SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight, email [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## # SASKATCHEWAN'S BEST SPACES

### Garage is a game-day party room

By Ashley Martin

**WHO?** Don Beck and his wife Dianne.

**WHAT/WHERE?** The backyard garage of their southeast Regina home.

**WHEN?** The couple has been together for 23 years and moved into this house 21 years ago. They converted the garage five years ago and have since expanded twice and renovated the space.

**WHY?** As former Saskatchewan Roughriders season ticket holders, they used to go to a lot of the games. But when they weren't at the stadium, they'd get together with friends to watch at home. People wanting to go to the game to smoke eventually lost the party space. "Our garage was never used for much but storage," says Dianne. Since their basement was always sports-themed, with Riders and Canadiens memorabilia they just moved the Rider stuff outside. "It's a collector of crap," says Dianne with a laugh. "You want to make 20 years? Don replies: 'Puffin Taylor just rolled over in his grave!'"

Since relocating their garage, Don has continued to collect things. "It's just weird crazy the last four years buying pictures, jerseys and helmets," says Dianne.

The space is a reflection of their lifelong Rider fandom. "I've been a Rider fan since I was six years old. I know nothing other than," says Don. "I'd asked right into you. You don't have a choice."

**HOW?** Today with two TVs and wall-to-wall-to-ceiling Riders memorabilia, "Clubhouse 32" is a Rider fan's dream.

The items range from quality (basketball-sized dunks) to vintage (pocket photos and a 1974 water bottle), to memorabilia (a signed Kerry Joseph jersey and dozens of player photos), to unique. An autographed Places of Honor helmet with a watermelon slice painted on a Don's favourite, while a steel outbody painted two-dinner social helmet is Dianne's.

The infamous No. 34, Don's favourite player of all time, is ubiquitous in this place. "You'll notice there's more George Reed than anything else in here," he says.

Bar-name furnishings are linked to football. The two two-seater couches came from the University of Regina Rams clubhouse and some stackable chairs are courtesy of the Green and White Lounge. The fridge displays signatures of visitors from across the continent. Famous guests have included Dan O'Toole and Jay O'Neil, formerly of TSN.

For all its clutter, the space reserves some functionality. The bar-counter drawers and cupboards house Don's tools.

In the summertime, the space expands outdoors. Actually, it does so in winter as well, with a heater "etched to forget" right to keep the smokers warm.

Though Don and Dianne plan on checking out the Grey Cup football this weekend for the basement they'll be right here.

"It's more than just a place to watch. We built a lot of good memories," says Dianne. "We have a lot of good times here."



**NEXT WEEK:** How do you make sure you're not spoiling your child? Email [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

## # PARENT TO PARENT

Each week Bridges gathers advice, in connection with SaskatoonMoms.com, to share with other parents. This week we asked:

## Did you (or will you) put your child in sports?

"The older boys were involved in soccer, basketball and hockey. The older boys had expressed an interest, the youngest one was to keep him busy without trouble. The little ones have taken swimming lessons. He recently watched a ball hit and was scared to touch it but comfortable in the water. And when they express an interest in a sport, I will definitely look into it." —Celia Gombrow

"Probably kids need an energy release. I am trying to put them in something (I'm) just not sure yet. They are still quite little." —Melissa Minkler

"My oldest daughter is in gymnastics and starts skating in a few weeks. My youngest is too little for sports in our area." —Ashley Platt

"I want to, but I don't agree with taking away the weekend/family thing." —Kathleen Greenwood

"My children are very involved in sports. My son is soccer and also baseball in the summer; my daughter is (G) and is very involved in dance as well as basketball and cross country and volleyball. I think having children involved in sports is good for them." —Crystal Johnston

"My boys asked to play T-Ball when they were four. They played that spring and will do so again in May. They absolutely loved it. I think involvement in sports is important for children because it takes the importance of team effort, character building and cooperation." —Michelle Gustafson

"I would like my child to be active. I'm thinking (if he) is put her into gymnastics later on, she can get good skills for cheerleading, as well as help her dancing." —Tanya Podyk



"Physical activity is important for children, as you can put them in sports. Both of our kids played soccer at five to six years old, then field hockey from about Grade 5 through first year university. Our son also played hockey seven days a week from Grade 1 through Grade 12. Today they both remain active, doing a variety of sports." —Judy S.

"We need to and will continue to put our other children in when they get old enough. Sports teach kids so many good things: fun, hard work, teamwork, winning/losing, following and obedience. As great as our children have to take direction from someone, don't think sports bring confidence and build self-esteem. We have tried out a few different sports and found what not only suits our kids but what they also enjoy." —Alyssa Grosschaefer

## THE PERFECT

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# CITY FACES

## # GREY CUP FESTIVAL VOLUNTEERS

### Pettigrew's team is 3,000 strong

By Ashley Martin

Before Dave Pettigrew moved to Regina from Saskatoon in 2001 for a job at IBM, he'd only ever visited his new city to attend Saskatchewan Roughriders games.

He recalls a playoff game in 1998 the year before he finished his mechanical engineering studies at the University of Saskatchewan.

It was the first playoff game the team had had in years, and Pettigrew and his friend "broke our hearts off." The team didn't face too well either. But it was a big deal to come down to that game.

"Just in general I think my memories and thoughts of 'Taylor Hall are the absolute passion that the fans have,'" said Pettigrew, the chairman of the 30th Grey Cup Festival Committee. "I've been a Rider fan as long as I can remember."

As a high school student at Saskatoon's Adams Bowmen Collegiate, he attended his first Rider game. In university he'd road trip to Taylor Hall with friends to sit in the "seamstress section." (Ridiculous.)

At the last Grey Cup Regina held in 2003, he sat in the temporary stands scratched too close for comfort to everyone around him for lack of space in the north end zone seats.

In 2007, after the team brought home the prize, he and wife Jeanette pulled their three children — Scott (now 16), Connor (15) and Nicole (11) — out of school for the parade. The family lived the cold along with hundreds of other fans, and were there as the team hoisted the trophy as the steps of the Legislature. The moment was captured as one of the family's most treasured photos.

This year when Pettigrew attends the game with his wife, he'll be a little worse for wear.

For this year's, he has put in hundreds of hours as his volunteer role helping organize the Grey Cup party. It's all led up to this week.

"It's nice that sleep will be at a bit of a premium," said Pettigrew, who



Dave Pettigrew chair of the Grey Cup Festival committee and his Howard Motors insurance employees are in the Grey Cup Festival's front. (Photo by Tim Suttell)

will have committee meetings first thing every morning and wants to attend throughout the day and night.

But I'll probably be more relaxed than I've been at past Grey Cups."

Pettigrew is a dry job in no president and CEO of Silverdome Western Insurance, so he's used to leading large groups of people — though not quite as large as this weekend's group, 3,000 strong.

An avid volunteer, Pettigrew has been involved in Junior Achievement. He chaired the United Way campaign in 2001, spent six years on the board of the MacKenzie Art Gallery and spent three years on the Saskatoon board of directors. He was vice chair during the World Junior Hockey Championship, co-hosted by Regina and Saskatoon in 2006.

My wife says I'm constantly busy, but I think our city and our province are built so much on the backs of so many folks that give of their time," said Pettigrew. "I do it because I think it's all worth it and I also really

enjoy it. I have this thing it."

The celebration in Rider Nation, the 30th incarnation of the Grey Cup festival in Regina, volunteers are working in lots of different areas — organizing downtown events, safety and security, hospitality and program, city, and formal events, and much more. About 300 volunteers spent months on committees prior to the festival, and an executive committee of 30 people including Pettigrew's vice chair Mark Stetson met frequently to plan.

Regina's in a different kind of the first than the past two Grey Cups in Vancouver and Toronto, which were largely staffed by professional event planners with far fewer volunteers.

Basically, that's how it's all done here. We're a very volunteer culture province," said Pettigrew. "We're just blessed with that culture. Whether it's cooking or hockey or any kind of sport, culture, community event

James — people show up. They give tirelessly of themselves."

Because the staff and volunteers are so skilled, Pettigrew didn't feel much pressure looking up to this work — except to ensure that the party is a celebration of the league and past the home team.

We all know Rider Nation is pretty dominant. When Pettigrew was in Toronto in 2007 to watch the Riders defend the Winnipeg Blue Bombers he estimates the ratio of games to time was 30 to 1 in the stands.

Ultimately I'm sure that 80 to 90 per cent of the fans here for the Grey Cup Festival will be Rider fans," said Pettigrew. "We want it to be a CFL celebration. It's a unique celebration, so even if the majority of the folks are wearing green — we want them to go and celebrate with the Blue Bombers and with the Toronto Argonauts and Edmonton Eskimos and B.C. Lions."



As he and Dave Pettigrew and their children (left to right) Reggie, Connor and Scott (right) pose for the Legislature after the Grey Cup celebration parade on Nov. 20, 2013.

PHOTO COURTESY OF DAVE PETTIGREW

# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

# ROD NASEWICH AND SHELDON GREEN

## Trivia fans will love Rider e-book

Did you know the Saskatchewan Roughriders are a key plot device in a John Grisham novel or that the Riders feature on episodes of TV's *Columbo*, *The Simpsons*, *The King of the Hill* and *South Park*?

Did you know a Rider began a long career in the movie business as a stunt double in the epic movie *Quintet*?

Did you know the Riders were the winning team of record for the largest regular season crowds in CFL history and Winnipeg as the team has two double awards and trophies assigned by just players?

This is just some of the history and achievement surrounding the Roughriders in their 100 years of existence that we both became fasci-



Rod Nasewich (left) and Sheldon Green (right) hold the book.

acted with us fans of the team and residents of "Rider Nation."

Our e-book *The Rider e-Book of Lists* contains 100 lists of statistics, facts and trivia on the team that

provides a different and sometimes offbeat look at the Riders as a team, organization and popular phenomenon.

The book expands on *The Rider Book of Lists* published by us in print form to honour the team's 100th anniversary in 2010. It has new and updated content for the 2013 season that cannot simply be found in any other publication.

This e-book will appeal to all generations of Rider fans, the casual fan and the statistical enthusiast.

Lists include: Great Rider nicknames, Riders on the big and little

screen, top Rider quarterbacks, running backs and receivers, Riders in politics and Riders who became quarterbacks, Rider Grey Cup wins and lists, and things you may not know about Greater the Capital.

The book also features Six Degrees of Rider Nation, modelled after the "six degrees of separation" concept connecting the Riders with famous people like Kevin Bacon, Oprah, JK Rowling and Klay.

So test yourself in 100 lists that profile the team, its players and fans. You'll be surprised what you never knew about Canada's favourite football team.

The Rider e-book of Lists is available online for download at [saskatoon.ca/andbooks.com](http://saskatoon.ca/andbooks.com).



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# IN THE CITY

# NOVEMBER 17, 2013 - 6:03 P.M.

## Celebration time



Sports on Tap patron Sean Richards, Nicole Gensley and Guy Pinn celebrate the Saskatoon Roughriders' 29-13 win against the Calgary Stampeders Sunday which sent the team to the Grey Cup in Regina. **PHOTO: PATRICK WILKINSON**



## YOUR FAVOURITE PLACE

Bridges wants to hear about your favourite place in Saskatoon! Email [bridges@thestarphenix.com](mailto:bridges@thestarphenix.com)

## # MY FAVOURITE PLACE

## Rider cheerleader enjoys football from the bleachers

By Angelina Irtinich

This is Lyndsey Weitzel's fourth season as a Saskatoon-area Regina cheerleader. Her position is called a "thank-a-lack-ay," she's responsible for helping lift the flyers into the air, running and catching them. The team's training regime is intense — practices are a couple times a week, plus workouts. These athletes from both Regina and Saskatoon are on the team there to help it travel in school. That's why Lyndsey loves going to Griffiths Stadium at Polack Corp Park during her down time. It's a treat far from the noise and snick football, while socializing with her friends because she's always busy performing during Rider games.

**Q. Why is Griffiths Stadium your favourite place to spend time in Saskatoon?**

**A.** In the summer and fall, it's one of the only places in Saskatoon that you can really watch football. I always see friends and people I know here so that's always exciting. And it's nice to be able to sit and watch football and not be a part of the whole experience all the time.

**Q. How often do you go to watch games?**

**A.** I try to make it to every home game. I've once travelled to the Regina games because there's a lot of a rivalry with some of the Regina home cheerleaders and current cheerleaders, and Saskatoon (Rider) members, so it's kind of a fun rivalry.

**Q. Do you always like football or was it something that came along with being a cheerleader?**

**A.** As long as I can remember I liked football and sports. I remember in elementary school, playing football until it got tattered (laughs). I was a bit of a tumbler before.

**Q. What's it like to be a CFL cheerleader?**



Lyndsey Weitzel watches her Rider teammates at Griffiths Stadium in Polack Corp Park, her favorite place to watch football in Saskatoon. (Photos by Angelina Irtinich)

**A.** It's a lot of fun. It's a very good experience that not a lot of people can say they did in their lifetime. So I might as well do it while I can.

**Q. What's the training regime like?**

**A.** People still make jokes about cheerleaders — that we just jump around, but it's a lot more complex than that. Our Saskatoon members do CrossFit training — most of us are still doing it and we started back in April. We do a lot of weight

training. Our team dress, give or take, every other weekend leading up to the season. Then we do Wednesday night in Denison — our team starts half way — members from both cities. Our practices can go from three hours to six hours, so it's a lot of work. We're lifting people and throwing people in the air, so you want to train so you're not at risk for injury as much. Every year we go somewhere for a training camp, so this year we went

to Seattle. ... We have new cheerleaders all the time so even when you come home you have Saskatoon dance practice. It's very time consuming.

**Q. What's the biggest misconception people have of cheerleading?**

**A.** Probably that we're not athletes. There's always the debate whether it's a sport or not and I kind go both ways on that one, but we definitely are athletes.

**Q. What's your favourite memory of going to Griffiths?**

**A.** Going to one of the very last games (of the season) and it was super super cold. Me and my friend traded it out and said, "Let's go!" We went to every single game so we thought "May as well. We looked like the Michelin Man and had about 60 layers on. We had snow pants and everything on. We could barely see but we stuck it out to the very end. It was fun!"

## CITY NEWS

## # GREY CUP ART PROJECTS

## Artists get sporty for Grey Cup



Tackled: A Football Play stars (front row) Garland Hensley, Brenda Milnes-Davis, Geoff Hughes (back row) Telly McGoath, Don Monk and Owen Aiken. Sachchidev Mehta is photo by Don Monk

By Ashley Martin

Sports and the stage largely exist in separate realms: Sports are played on a field or in an arena, enjoyed by people who like to cheer. Theatre is set as a stage enjoyed by people who like to witness another's experience.

These stereotypes are ones Colleen Sutton is trying to break.

The former basketball player will be performing her one-woman show, *Rider Girl*, in Regina during Grey Cup. Her first show is tonight.

She recognizes sports and arts do not usually go hand in hand. Until she wrote this show, Sutton had never acted in a sports-themed play before, but it was an easy connection for her to make.

The 2009 Grey Cup game inspired the two areas for the new *Rider Girl*. "By being at the game I investigated why we're all there. Why we're all there is to be taken somewhere, emotionally. Well, that's why we go to the theatre," said Sutton, who quit her job with the Canadian Forces to pursue acting.

## REGINA THEATRE

### INCIDENTS

Nov. 20, 21 and 22, 7 p.m.  
Nov. 22 and 23 at 2 p.m.  
The Arts Centre, 2627 13th Ave.

**Tackled: A Football Play**  
Nov. 21-23, 8 p.m.  
Theatre, 1915 Broad St.

That game also cemented her need to write about being a *Rider Girl*. Rider Nation has helped her through hard times and home sick-

ness. It's given her a lift when she's been down. Through *Rider Girl*, she wanted to connect with 9,000 fans.

"Every time I looked at those stands, I just felt like I was home," said Sutton, who lives in Ottawa and is attending her 35th Grey Cup this weekend.

Breeds: Milnes-Davis's parents was a little different in visiting her mother. Tackled: A Football Play she wanted to celebrate Grey Cup's return to Regina.

"I made a conscious effort for art to meet football," said Milnes-Davis.

who also directs and acts in the play. Tackled combines sports and theatre on a different level. The head coach of the Saskatchewan Roughriders must direct a play in order to become an inheritor from his father's will.

The story reflects Regina and *Rider Girl*. History: The one-woman show is named Marjorie Winchell ( longtime Leader Post sports writer) the old brochure is Ron Reed and the head coach is Eagle Astor.

Continued on Page 17

# CITY NEWS



Heather Chin poses next to some of her (clockwise from top) paintings part of the exhibit *Inside/Outside* for *INSIDE/OUTSIDE* by THE MUSE.

Heather Chin's sport art also was also inspired with the advent of the iconic Grey Cup.

Chin usually places years in all manner for her collaborations, but she thought of *Inside/Outside* then on a whim this summer.

A longtime football fan — she grew up as a Saskatoon household where the Roughriders were adored at Regina's team, not Sea-kuchew's, when they were losing — Chin had been thinking about Grey Cup coming up, and House

Blades coming down. The idea blossomed into a series of paintings looking at Taylor Field from all angles.

And so, she added a fan dance scene to the acrylic canvas of the stadium, exploring their memories and

questions about the Riders and the sport.

"It kind of covers all the aspects of being a fan. You've got games, you've got beer, you're anxious but also you can be completely goofy" said Chin, for when arts and sports

are both about expression.

"The people who get all dressed up and goaded out for football are experiencing themselves — and I think art's almost always about expressing (some things)."   
 — *Journalist/Photographer*

*Journalist/Photographer*

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# ON THE SCENE

## # CFL FAN PHOTOS



This week, instead of our regular On the Scene feature, we asked readers to submit their best CFL fan photos in honour of the Grey Cup in Regina. Surprise surprise: we received a lot of great photos. Thanks for sharing!

1. Residents and staff at St. Reginald's Catholic Retirement Residence show their Red Sox pride.

2. Nathan's Teen

3. Mine-Monroe Bourgeois poses in South African's Shalilemi Zulu village with her guide (right) and the village chief (left).

4. (From left) Wally Philip and Theodore Hounst.

5. Johanne and Hudson Richards

6. The Thomas family  
7. Zach Calyle and son Beau Calyle

8. Andrea Pyle and her niece Parvaneh Parnberg

9. Hannah Regard

10. Ashley Martin's dad Molly's red-headed

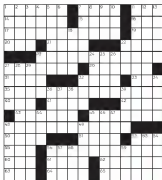


**# CROSSWORD**

## NEW YORK TIMES Edited by M&amp;R Shetty

**ALL DATA**

1. Creaker of Fearless Foodies
2. "This is bull!"
3. Third party: Kider
4. First of push-ups is Chinese menu
5. What's to eat?
6. Cedar Heights college
7. How many singer jobs?
8. "Midnight Train" Day inn
9. Multicultural and
10. Names on name-tags
11. Mountain Lion's perch
12. Room?
13. "In the end the primary got to be"
14. Rafter's words
15. What day precedes this
16. "You wish"
17. Sounds of self?
18. Call it quits: with a heart (13, 25, 48 and 55) ACROSS
19. What's on every 20?
20. First Chinese dynasty
21. Inspiration for a "Jockin' Stunt" movie
22. "No acting" sign!
23. "Good old"



Les données sont disponibles à l'adresse suivante :

- 50 Salt Lake City athletes
- 51 Down-scaled
- 52 Hub
- 53 Just Louder!
- 54 Twinkler saved on chocolate?
- 55 It is ... (sneak shoes)
- 56 Removal from bars way for short
- 57 Handler like money and others
- 58 Hay
- 59 Warner princess of TV
- 60 I got ... (sneak shoes)

- 3 Miyazaki city dwelling
- 4 Volcano on Miyazaki
- 5 Telephone railway  
hacker
- 6 Rock that may float
- 7 End of a large pickup  
lure
- 8 "Miyazaki"
- 9 Mild acid
- 10 Crystal may accompany  
fire burning
- 11 Miyazaki city

- 16 **insuperable scandal**  
ricchezza
- 22 **Hellenic** a 20
- 23 **Lit** a **handyman**
- 24 **Stones** **climber** **and** **end**
- 25 **Indo** **water** **Landscape**
- 26 **the president who**  
**swore** **in** **President**  
**Holmes**
- 27 **clipping** **so** **to** **speak**
- 28 **one** **sharing** **living**  
**score**
- 29 **Phar** **that** **was** **its**

- 28 Lament who married a Jordanian
- 44 Paraphrase and for short
- 48 Angel or enemy prisoner
- 49 Totally useless
- 67 "Give me a son"
- 68 Ginkgoes section
- 69 First to visit Carter
- 82 Marchers a hand
- 90 Sample question form
- 94 Characterization

- 
- NU  
At Berkeley

- ts About**  
**ver Creek C**

DOWN

- 2 Stronger is the song "Comanchero"

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Fit in the silver cells:  
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pear only once in each  
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block. Use logic and  
process-of-elimination  
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Solution to the  
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the Sudoku can be  
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## UPCOMING

Saturday, Dec. 14 Third Avenue United Church

## Nuts About Nature



Hi kids! My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city. So come a family "nature" activity. Hot-Fac! and have a trail... nature awaits!



Dear Chip,  
Why do birds tilt their heads back when they drink?  
Chase

by David  
Chapman

It's no happy that you asked this question! Bird watching is a lot of fun and a great way to learn about the fascinating world of nature. Observing birds can teach you all kinds of interesting things such as what kind of food different species eat, where they make their nests, and how they avoid predators. Birds have hard beaks instead of flexible lips, so most birds are unable to suck water up into their mouths (try drinking a glass of water without using your lips and see what happens). Some birds such as pelicans, have huge beaks that allow them to drink water by simply opening their beaks and collecting rain, but almost all birds have to use their beaks to take water, then tilt their heads back to allow water to flow into their throats. Some birds, like the kingfisher, have beaks that can use their beaks like a pump to suck water up into their throats.

Send your questions to me at the address below; then watch *Bridget* for the answers.

Your past, Chris

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## EVENTS

## # MUSIC

Wednesday, Nov. 20

**Touch**  
Buddie on Broadway,  
817 Broadway Ave.

Thursday, Nov. 21

**Taylor Hill**  
Crabtree Restaurant and  
Lounge,  
46-327 Pinelawn Dr.

**Touch**  
Buddie on Broadway,  
817 Broadway Ave.

**Annapolis 25th Anniversary  
Weekend Twin Parks w/ The  
Tuesdays**  
Annapolis Center,  
632 10th St. E.

**Partiquet w/ Shrek, Dusty  
Tucker, RHQ and The Love  
and the Skull**  
Black Bottom,  
1300 Broadway Ave.

Friday, Nov. 22

**Sonsman**  
Buddie on Broadway,  
817 Broadway Ave.

**Flora Friday w/ Sheldon  
Corbett**  
The Staircase,  
303 Fourth Ave. N.

**Shelton**  
Army & Navy Veterans Club,  
309 First Ave. N.

**The Bluefields Trio**  
Musical Performers,  
3700 East St. E.

**Leon Ochs**  
Furthest Bender Critique's  
Club,  
103 Fairmont Ct.

**Easel Wigam**  
Teen Town Tavern,  
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**Annapolis Official 25th  
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Smith, Gabele Smokes, Junior**

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**Evil Ebenezer w/ Factor, Kory  
the Assman, Presh Presh,  
Caguel MC and Stone Cold  
Party Rockers**  
Vampires Tavern,  
101 Broadway Ave.

**Mr. Mine-Style House Party  
w/ Ray Richards**  
PAPA 1030s,  
194 Spadina Cres. E.

**Seven Street**  
Piggy's Bar & Grill,  
1403A Wykefield Dr. N.

**Red Blauz**  
Star's Place,  
108-109 South St. E.

Saturday, Nov. 23

**Sonsman**  
Buddie on Broadway,  
817 Broadway Ave.

**Les Berington**  
Nights Legion,  
3031 Louisa St.

**Shelton**  
Army & Navy Veterans Club,  
309 First Ave. N.

**Desk Pops**  
Downtown Legion,  
6-6 Spadina Cres. W.

**Ben Schenckend Das**  
Manually Motion,  
3030 Ingham St. E.

**Annapolis 25th Anniversary  
Weekend (Shed w/ We Are  
the City)**  
Annapolis Center,  
632 10th St. E.

**Twins Pankie**  
Buddy's Bar & Grill,  
136 Pennington Dr.

**Seven Street**  
Piggy's Bar & Grill,  
1403A Wykefield Dr. N.

**Red Blauz**  
Star's Place.

**106-110 8th St. E.**  
Sunday, Nov. 24

**Les Berington**  
Nights Legion,  
3031 Louisa St.

Monday, Nov. 25

**Annapolis 25th Anniversary  
Weekend (Buddie on Canvas  
w/ Cleopatra House)**  
Annapolis Center,  
632 10th St. E.

Tuesday, Nov. 26

**Apollo Cuts**  
Buddie on Broadway,  
817 Broadway Ave.

## # ART

**Michael Art Gallery**  
Nov. 24, 25, 26, 10 a.m. to 4 p.m.,  
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and contemporary art from

the 1920s to the present,  
and *They Made a Day* by  
a Daymen, a survey of art  
production by 10 young  
female artists across the  
Provinces. The RBC Artists  
by Artists Mentorship  
exhibition, *Gaika*, features  
an interactive installation  
representing a wheat  
field by Gary Schwegle  
and his mentor, Bruce  
Montgomery.

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FK Arts, Nov. 23 and Dec. 20.  
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bridge in the attempt to identify  
and engage deep, personal,  
dark and repressed emotions

through expressing them in  
the creation of non-objective  
work. A reception will be held  
Nov. 22 from 6 p.m. to 9 p.m.

**Artists' Craft Market**  
Nov. 23, 24, 10 a.m. to 5 p.m.;  
Nov. 23, 10 a.m. to 6 p.m.;  
and Nov. 24, 10 a.m. to 5  
p.m., at TCU Place Fine Craft  
artists' market and sell their  
work. All mediums of art  
are represented. Visit [www.artismarket.ca](http://www.artismarket.ca).

**Le Relais**  
Until Dec. 6 at 103-308 Fourth  
Ave. N. Colorful abstract,  
paintings by Josephine de  
Mazzone. A reception will be  
held Nov. 24 from 5 p.m. to 7  
p.m. The artist will be in  
attendance Nov. 23 from 10 a.m.  
to 3 p.m. and Nov. 24 from noon  
to 3 p.m.

**Dorel Reid Gallery**  
Until Nov. 23 at 423-105 21st  
St. E. Brian Archer: paintings,  
drawings, sculptures, photo-  
graphs and engravings by  
Adrian Stassen. This exhibition  
is a tribute to Stassen's  
historical and contemporary  
connection to the biison.

**The Mix Artist Collective**  
Nov. 23, 10 p.m. to 5 p.m. and  
Nov. 24, 10 p.m. to 4 p.m., at  
5-844 St. St. E. The second  
edition of *Artists' Choice* show  
and sale. Off the Wall Art  
Show and Sale, Nov. 26, 7 p.m.  
to 10 p.m., Nov. 26, 10 a.m.  
to 5 p.m., and Dec. 1, 12 p.m. to  
4 p.m. Artists: Joanne Bengis,  
Kerene Kuegler, Gail Prock and  
Tylvia Therese.

**Centre East Galleries**  
Until Nov. 24 at The Centre. A  
display by students of Inupiat  
Chaud, a display by the Royal  
Canadian Legion, weekly  
Saskatoon Quilts' Guild,  
a display by the Saskatoon  
Camera Club, and the 2013  
Ego-Scholarship winners and  
display from the Saskatoon  
Public School Board.

Gallery on Third, Wetmore

Until Nov. 29 at 102 Third Ave.  
E. Wetmore. Hockey paintings  
by Cliff Lister of Strasbourg.

**Handmade House Showcase**  
Until Nov. 24 at 750 Broadway  
Ave. Pacific Impressions:  
original watercolor paintings  
by Terry Lindsay.

**Wetmore Showcase**  
through November in  
Wetmore. Recent paintings  
and prints by Reginald Earl  
Charlotte Hawk. Call 306-946-  
3344.

**Saskatoon City Hospital  
Gallery on the Bridges**  
Through November on the  
third, fourth, fifth and sixth  
floors of the Artium at  
Saskatoon City Hospital. Work  
by three Saskatoon artists  
through November: Works  
by An-Justine on the third  
floor of the atrium, abstract  
acrylics and water colours in  
Rene and landscape themes  
by Norma Rompel on the  
fourth floor, and a variety of  
watercolor images by Laurel  
Sutherland-Smith on the  
sixth floor.

**Partridge Centre**  
Through November at 110  
Greiner Cres. Photographs by  
Stephen Collingridge.

**The GalleryArt Placement**  
Until Nov. 31 at 225 Third Ave.  
S. On the surface, paintings  
by Kelly Giesse. Works range  
from oilscapes, planned  
through the glass of high-rise  
windows to clouds reflected  
on rippling water.

**Peace Arts**  
Nov. 28 and Nov. 29, 7:30 p.m.  
at 424 24th St. W. CORP  
Series III: *Peace/Talks*. A  
presentation between PAVED  
Arts and the Saskatoon  
Symphony Orchestra. Cam-  
temporaneous sound and video?  
Film work featuring the Saskatoon  
Symphony Chamber  
Players and works by Jennifer  
Spence, Alisa Tischer,  
& Heli Neil, Gerald Saul, Colin

Bledowski, Kelly Forbes and  
Devlin McKenna. *Dead Air*  
by Steven Bess. Until Dec. 6  
An multi-layered installation  
consisting of four works that  
include sound, projection  
and framed objects. They Pull  
the Weaves Over Our Ears by  
John Sebastian Gauthier &  
Jeffrey Gauthier, which is  
inspired by REMED Arts, that  
investigates stereotypes  
(commonly known as Magic Eye Images)  
which are best seen from their  
backside.

**Hand Wave Gallery**  
Until Dec. 30 at 409 Third Ave.  
N. in Westcham. A Stars  
Up! mixed media gallery  
artists' exhibition. An opening  
reception will be held Dec. 1, 2  
and 3 p.m.

**Disfranchiser Centre**  
Through December at 101  
Disfranchiser Pl. Touch the sky  
The Story of Aviva Canada.  
This in-house produced  
exhibit empowers visitors to  
look beyond the controversy  
surrounding the Aviva Award,  
and focuses on the history  
and accomplishments of Aviva  
Canada.

**A Family Gallery**  
Until Jan. 4 at 813 Broadway  
Ave. 30th Anniversary, joined  
by award winning artists,  
Michael Bessie and Susan  
Stanley. The Legend of the  
Wed Thread: a book that visually  
represents the legs of the  
wed thread. It is a collaborative  
piece by John Lister, Colin  
and Cathryn Miller. A closing  
reception will be held Jan. 3,  
7 a.m. to 5 p.m.

**Gordon Bentzenart**  
Until Jan. 5 at 721 Broadway  
Ave. Basking. Basking in the  
old and evocative landscape  
works by Kathy Smith have  
inspired by Smith's animal  
talks to the Tanya Lake land  
artwork, and intended to  
bring forth awareness to  
the recent closing of the campus.  
A portion of sales will go  
toward the Kees Rendell  
rehabilitation.

## What you need to know to plan your week.

### Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

#### Ukrainian Museum of Canada

Unit One 31 at 950 Spadina  
Cros. E. Menzies, 5:00pm-6:  
Power The Paper Curvature  
of Revolutionary Ukraine  
1910-1920

#### Black Square Gallery

Open through the winter  
at Northside Antiques on  
Highway 2. After dark, a group  
show featuring fall images  
and colours of the bonus  
Lakeland region.

## # SPECIAL EVENTS

#### Literature Matters

Nov. 20, 7:30 p.m., in Social  
Hall at Green-Woodminster  
United Church, 505 10th  
St. E. Talks by members of  
the Department of English,  
University of Saskatchewan.  
The topic is "Rusted Empire:  
The Legacy of the Cold War  
and Masculinity in the Jamaic  
Riad Paradise" by Elyn  
Alderton, PhD candidate,  
department of English.

#### SND Concerts Competition

Nov. 21, 7 p.m., at Quince  
Theatre in the U of S education  
building. The Saskatoon Youth  
Orchestra performs.

#### Fly Fishing Film Tour

Nov. 21, 7 a.m., at the  
German Cultural Centre, 160  
Carterwright St. A fundraiser  
hosted by the Kootenai  
Flyfishers. An evening of short  
films showcasing the sport  
of fly fishing in various locations  
around the world. With a  
silent auction and door prizes.

#### The 50th Saskatoon Jazz

Nov. 21-23, 8 p.m., at The  
Bessant. An educational  
workshop and performance  
evening with daytime  
educational sessions and  
evening performances.

Featuring teachers  
trombonist Wyllie Gordon  
and bassist Rodney Whitehead  
Open to student and  
community jazz ensembles



The B&B Bitten Enchanted Forest, a seasonal drive-through Christmas display, opens Nov. 3 and runs until Jan. 6 at the Perry Farm Park and Zoo. (Joe Hertz)

of all ages and ability levels.  
For information email  
[dean.morrell@usask.ca](mailto:dean.morrell@usask.ca) or  
[mfarrar@usask.ca](mailto:mfarrar@usask.ca).

#### See Side Where Oil and

Water Don't Mix

Nov. 22, 6 p.m., at Prairie  
Park. Author and eco-  
journalist Alanna Mitchell  
will talk about her latest  
book, with support, musical  
entertainment and a silent  
auction raising funds for  
Cycling Lakes Centre, an

Education/Wetland Centre  
of The United Church of Canada.  
Visit [www.cdnmccm.org](http://www.cdnmccm.org).  
For tickets call 306-373-  
6465 or 306-363-6301.

#### B&B Bitten Enchanted Forest

Holiday Light Show  
Nov. 23 to Jan. 1, 5:00 p.m.  
to 11 p.m., at The Saskatoon  
Perry Farm Park & Zoo.  
The drive-through Christmas  
display celebrates its 10th  
anniversary. Opens with a  
Light Walk for pedestrians

Nov. 23, 5:30 p.m. to 9 p.m.  
Park will support the  
Saskatoon Zoo Foundation  
and the Saskatoon City  
Hospital Foundation.

#### Due the Candlesticks, It's

Liberated!  
Nov. 23, 7:30 p.m., at Third  
Avenue United Church.  
The Saskatoon Symphony  
Orchestra presents  
Liberace's sparkling style.  
With guest conductor  
and pianist Brian Jackson.

Featuring the works of  
Gershwin, Chopin, Beethoven,  
Joplin, Asenelli, Suppe, Pina  
and Lloyd Webber.

#### Louie Anderson

Nov. 23, 8 p.m., at Bakshi  
Dances Casino. The versatile  
comedian performs.

#### Big Shiny Buttons & A Benefit

For The Broadway Theatre  
Nov. 23, 8 p.m., at Broadway  
Theatre. Hosted by Heather  
Morrison. Featuring renditions  
from the album by The  
Shakespeare, The Karynka  
Brothers, Elton John, Rick  
the 50s, Brock-Peter and Denis  
Vallie. With spoken word poet  
Benjamin Flaherty. Kicking  
off the annual One Week for  
The Broadway fundraising  
campaign.

#### Festival of Trees

Nov. 24-30, 9 a.m. to 9 p.m.,  
at the Western Development  
Museum. The Colours of  
Christmas, Swastika  
trees, wreaths and displays,  
zincwood displays, live  
entertainment, once upon  
a storytime for children,  
refill and more. Visit  
[www.festivalof-trees.com](http://www.festivalof-trees.com).

Proceeds will support the  
Saskatchewan MS Clinical  
Research Chair. Connect  
through Saskatoon City  
Hospital Foundation.

#### Speechreading and

Information for the Hard of  
Hearing  
Nov. 23, 1:00 p.m. to 3:00 p.m.,  
at Saskatoon Deaf and  
Hard of Hearing Services.  
3-51 First Ave. N. Hosted  
by the Hard of Hearing  
Association. For information  
call 306-249-1387.

## # THEATRE

#### Better Living

Produce Nov. 20 and runs Nov.  
21-30, 8 p.m., at Gateway  
Theatre in the U of S John  
McFadden Building. Written by  
Canadian playwright George

Weller. A dark comedy that  
takes audiences into the lives  
of a dysfunctional Toronto  
east-side working-class family.  
This dramatic comedy with  
a dark twist, unravels through  
the trials and tribulations of a  
wired and outgroups family  
who mirror the complexities of  
modern society.

#### Warriors

Nov. 21-24, 8 p.m., at The  
Jeffery, 606 Dufferin  
Ave. Presented by Live  
Five and Steak in the Meat  
Productions. Pushing their  
intellectual, mental and  
physical boundaries, two  
ad-men are forced to push  
the perfect logic for the biggest  
money-maker in history—the  
song titles and must risk  
more than just their careers  
in this biting satire about the  
business of war.

#### Saskatoon Seals

Nov. 22, 5:30 p.m., at  
Broadway Theatre. The  
Saskatoon Seals inspire  
courageously brave  
laughter in the stage.

#### Melrose the Gift

Nov. 24 to Dec. 8, nightly at  
8 p.m., Wednesday 10 p.m.,  
and Sundays at 2 p.m., at  
Studio 404, 614 20th St. W.  
The world premiere of a new  
chapter in the Dec Christmas  
story series. Zula Mercedes  
is presenting a comedy this  
Christmas. Her youngest  
stepson. Knowing his affinity  
for superheroes, she sets out  
to buy him the best Christmas  
gift ever. Melrose, 100 lbs.  
in the hospital, having been  
accidentally struck by a  
snow blower.

#### American Idol

Nov. 25, 7:30 p.m., at TCU  
Place. A musical based on  
Green Day's album of the same  
name. Three life-long friends  
are forced to choose between  
their dreams and the safety of  
safety. Featuring the music  
and lyrics of Green Day.

# GARDENING

#HORTICULTURE IN RIDER NATION

## Growing your own melonhead

By Jackie Bantle

Every year in Sukotheborn there is a strange phenomenon that occurs throughout the growing season. On hot summer days, families shopping at the local grocery store for a slushy, refreshing watermelon (Citrullus lanatus), find the fruit empty.

Meanwhile, in an urban center known for its "pile of bones" 30,000-plus farmers gather to worship green clothed men running around a grassy field chasing a hollow, poorly equipped object.

Most of these speedsters are also dressed in green colored clothes including green head coverings. Also? The mystery of the missing melon is uncovered. The Citrullus lanatus are sitting on the heads of the runners.

Instead of contributing to a green-wide watermelon shortage (or conversely to ensure your melon is a supply), why not grow your own watermelon and succeed? First, start with a culture that will mature during our growing season. Watermelon likes hot temperatures and sun. When searching for seed look for cultivars that will mature in at least 70 to 90 days.

Watermelon must be started indoors as transplants. Your eggs usually do not like to have their roots disturbed and watermelon is no exception to the rule. Start seedlings indoors approximately two to three weeks before transplanting out to Field 1.

Cover the seed pots with a clear plastic sheet water until the seeds have germinated, overly wet pots will cause watermelon seeds to rot. Once seedlings have emerged uncover the pots, jetties and grow in a sunny sunny location.

Two to three inches, cover the soil where the watermelon seedlings will be planted with clear or green 100 percent translucent or solar mulch plastic mulch a week before



The very popular melonheads in Rider Nation make a great summer snack.



The first step to making your own melonhead — locally grown watermelon ready for harvest.

you intend to plant. Mulch may be available locally from some garden centers or through mail order companies. Besides heating up the soil, the other benefit to using mulch is to prevent weed growth and retain higher soil moisture.

For ease of irrigation, place a drip tube or soaker hose under the plastic mulch. Secure the edges of the plastic mulch with soil. Cut holes in the plastic and transplant the watermelon seedlings into the soil after all danger of overnight

frost is past (the third or fourth week in May).

Cover the transplanted seedlings with either a crop cover or clear perforated plastic tunnels. Secure all edges with soil. As soon as the transplanted plants start to bloom (usually mid to late June), cover plants to allow bees and insects to pollinate flowers. Crop covers can be replaced after fruit set to pre-mature warm growing conditions.

In a typical year you will have ripe watermelon by the end of Au-

gust or beginning of September. The mature watermelon should produce a hollow thump when tapped. Pick your first watermelon out of the patch close to game day. That way if the watermelon isn't quite ripe for eating, you can always join the party and wear your very own, locally grown, long-headed melonhead.

Bantle is a horticulturist in the Dept. of Plant Sciences at the University of South Carolina. This column is presented spor-

adly by the Sukotheborn Farm and Society (www.sukothebornfarm.org).

### UPCOMING EVENT:

**City Flower Barrel Program**  
Nov. 25, 3-6 p.m. St. James Anglican Church, 607 Dufferin Ave. See dear trees.

Join Maria Moser as she describes what goes into the choice of plants care and maintenance of Sukotheborn's fabulous flower barrels found throughout the city.



The StarPhoenix proudly presents  
www.thestarphoenix.com

# The Baby ...the Babies of 2013!



The StarPhoenix annual tradition featuring babies born during the past year will be published on Saturday, January 4th, 2014. This feature will also be posted online at [thestarphoenix.com](http://thestarphoenix.com) for all your family and friends to access.

This feature has proven to be a favorite of our readers and a great keepsake. You can be one of the proud parents or grandparents to announce the newest member of your family.

Complete the interactive form, include a large, clear picture of your baby and prepayment of your announcement to **The StarPhoenix Babies of 2013**  
Attn: Montique Classified Advertising, 204 5th Ave., N Saskatoon, SK S7K 2P1

Email a large jpg photo and your wording to [advertising@thestarphoenix.com](mailto:advertising@thestarphoenix.com)  
Please include your daytime and evening phone number so we can contact you for credit card payment.

Or visit us in person at our classified advertising counter Main-Flo, B2B-420.  
For further information please contact us at: 808-957-5385 or 1-800-963-0740.



**Kyia Cherie Shepard**  
Born July 9,  
2002  
elbs 16 oz,  
23.5" long  
  
Daughter of  
Colleen &  
Paul Shepard

Baby sister to Karen, Dawn & Kelly  
Proud grandparents  
are Sue & Maurice Shepard  
She is our bundle of joy!

## NEW

(actual size)  
**Include your  
baby on the  
cover in colour  
for only \$85 +gst  
(only 12 spots available)**

**New!**

**Early Bird Deadline:** Friday, November 29, 2013  
**Regular Size: \$30 +gst/ Double Size: \$37 +gst**  
*(include your photo in order for only \$10 - email)*

**After Early Bird Deadline:**  
**Regular Size: \$40 +gst/ Double Size: \$47 +gst**  
*(include your photo in order for only \$10 - email)*

**Final Deadline:** Monday, December 16, 2013



Final Booking Deadline: Monday, December 16, 2013

**PLEASE PRINT CLEARLY** - Please do not include any photo larger than 6x7  
If you would like your photo back, include self addressed stamped envelope.

Daytime Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Customer Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Email address: \_\_\_\_\_

Select from the following options (only 12 total page announcements available)

Front Page: \_\_\_\_\_ Regular Size: \_\_\_\_\_ Enhanced Size: \_\_\_\_\_  
Color: \_\_\_\_\_ (Black & White)  
**BABIES NAME (AS IT WILL APPEAR IN PRINT)**

Date of Birth: \_\_\_\_\_ Weight: \_\_\_\_\_ Length: \_\_\_\_\_

**Check one for your choice at placing:**

Proud parents are: \_\_\_\_\_ Son of: \_\_\_\_\_ Daughter of \_\_\_\_\_  
First and Last Name of Parents: \_\_\_\_\_

Or specify alternate wording - "Grandson at 5B and Jean Smith"

If you choose the Front Page or Enhanced Size option please include any additional words up about your baby that you would like included in the announcement

Maximum words for Front Page 30 words Payment Method Visa \_\_\_\_\_ MC \_\_\_\_\_ Amex \_\_\_\_\_ Cheq \_\_\_\_\_  
Enhanced Size 40 words Credit Card Number: \_\_\_\_\_  
Triple Size 50 words Expiry Date ( Mo/Yr ) \_\_\_\_\_  
TOTAL AMOUNT \$ \_\_\_\_\_

# OUTSIDE THE LINES



*Game Day*

## # Colouring contest

Each week Stephanie McKay creates a family illustration meant to please kids of all ages.

Children can colour the page, take a picture taken with the finished product and email it to [brockton@thesunphones.com](mailto:brockton@thesunphones.com). One winner will be chosen each week. Please send entries by Monday 9 a.m.



Last week's contest winner is Sarah Folstad.

Thanks to everyone who submitted entries!



**For the Toys you've Always Wanted**

[gigglefactory.ca](http://gigglefactory.ca)

The Greatest Toy Store in Saskatoon! Largest Selection of Playmobil & Calico Critter. We also carry a huge selection of Unique Toys and Great Gigglesfactory Party Supplies, including Balloon Decorating.

Come See us in our Great Location with Free Parking  
150 - 1824 McOrmond  
Dr. 975-9630

## # ASK ELLIE

## A crush is a fantasy, it's time to come back to reality

**Q.** Please help me: How to get my crush out of my head?

**Desiree in Bruner**

**A.** A crush can be a powerful feeling that motivates you to look and act your best, and imagine a great romantic adventure. But it IS a fantasy.

That's because there's some obstacle between you and the person you dream about, especially since you want to get rid of your constant thoughts about this person.

Perhaps he/she is much older, or already attached. So it's an impossible dream, and eventually becomes unhealthy.

Bring that same heightened feelings to someone available. If you're already reserved, share the link between you with some of your "crush" imagery... taking time to acknowledge, tag, and get revision needed.

**Q.** My girlfriend of two years (we're now in our mid 40s) cheated on me a year ago. I told her that I was OK with her having a physical sexual affair, so I think I'm quite open minded

## Ask Ellie



ship is what's keeping you stuck with the memory.

You need The Talk. Two years together shows commitment, but you're both still young, she's in theernity and meeting others, you may be too.

She may be restless even while still caring deeply for you. You've had your final shaker.

Take a break. There's no gain in forcing yourselves to pretend this never happened. If it still clouds your relationship, until you take time apart, and possibly re-connect later when you're both more certain of what you want and can accept.

Make it a clean break (no sleepovers) for six months before you discuss the future.

**Q.** I'm just 18, and in first year university. My boyfriend and I have always planned that I'd transfer to a closer university in my second year so we can live together.

I want to move in with him but I'm worried about how my parents will react.

They love him, but may think

this is too permanent for my age... I might be a little worried about that too, even though we have a great relationship.

Currently I get tense him because I go home on weekends, but I'm not really ideal.

**Part-Time Love**

**A.** Don't blame your parents — think them. You're not certain of this move, but don't want to hurt your guy. Still, you have the maturity to question whether moving in together next year at 18 is really right for you.

Consider your education goals as well. If your current university is a good place for your interests, stay put. The new, weekend romance is a great balance to a life of new experiences, new people and academic demands.

Staying at your family home may not provide the privacy you want, but living together would be a much bigger adjustment beyond having more time together.

Stay with your own good instincts. Righten all this in less stressing that it's better to delay until more

then rush too soon.

**Q.** I'm 18, and have never had a boyfriend or been kissed. I feel so ugly sometimes, like no guys would ever like me.

I'm totally obsessed with boys but I don't know what I would say if someone asked me out. I'd probably say No. I don't think I'm even allowed to say No.

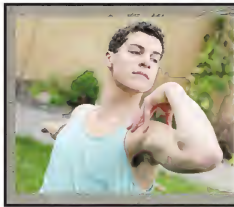
But do you think there is something wrong with me?

**Never Been Kissed**

**A.** Countless guys who once thought they were "ugly ducklings" later become attractive "swans" as they develop inner confidence over time.

There's nothing wrong with you. Your parents are protective, that's good. Dating in early teen years can be very upsetting, so many young people are shy, shy, shy and run. Your parents know you're not ready to handle those swirling emotions.

Work on friendships with other girls, and guys too. Focus on school, getting good grades, and knowing you're smart and how valuable to lots of people.



**Next week in  
BRIDGES**

**Saskatoon dancer  
Keaton Leier  
makes it to Royal  
Winnipeg Ballet**

# SHARPEATS

# FOOD FIT FOR FOOTBALL

## Delicious Grey Cup party food

By Jenn Sharp

Niches: wings and macaroni sticks — sounds like game day food, right?

Kick it up a notch this year at your Grey Cup party. Impress your guests with these unique and easy-to-make appetizers. It's not hard to put a healthy spin on the recipe, too (just don't tell anyone — they'll never know the difference).

Miniature Pizza Crust is the fastest way to make the Pizza Bites, but if you want to make your own whole wheat crust that works too.

Pizza Bites can be stuffed with anything from veggies, to ham and pineapple. Chorizo sausage and mozzarella are the best tasting in my opinion.

The Jalapeno Popper Dip tastes very similar to the dip I've had many bars serve, but better. Sub in Greek yogurt and low-fat cream cheese to make it healthier.



Jalapeno Popper Dip is best served piping hot from the oven with a side of crustless or baguette. **PHOTO BY JENNA SHARP**  
FOOD STYLING BY LILIA BOKANAK

### Jalapeno Popper Dip

#### INGREDIENTS

- 1 cup sour cream for Greek yogurt
- 1 cup cream cheese
- 1 to 2 tbsp finely chopped jalapenos (more if you like it hot)
- 100 ml can chopped green chilis
- 1 tbsp grated mozzarella
- breadcrumbs (optional)
- Parmesan for top (or other cheese you like)

#### METHOD

- 1 Preheat oven to 350.
- 2 Mix all of the above ingredients together (and don't break your eyes after you cut those jalapenos).

3 If you like, add a thin layer of breadcrumbs to the top before baking.

4 Put dip in an oven-safe bowl and bake for 10 to 15 minutes.

5 For an extra element in the dip, spread thinly sliced, pineapple layers of Parmesan cheese on a wax coated cookie sheet. Bake for about 10 minutes or until cheese begins to brown and harden.

6 Garnish dip with a few jalapenos and parmesan croutons. Serve with crustless or bread baguette for dipping.



Pizza Bites can be topped with chorizo sausage and mozzarella cheese. Serve with tomato sauce for dipping. **PHOTO BY JENNA SHARP**  
FOOD STYLING BY LILIA BOKANAK

### Pizza Bites

#### INGREDIENTS

- 1 tube Miniature Pizza Crust
- 200 grams Chorizo sausage
- 200 grams mozzarella cheese
- 1 tbsp olive oil
- 1 to 2 tbsp Italian seasoning, basil or parsley
- 1 small jar marinara or pizza sauce

#### METHOD

- 1 Preheat oven to 350.
- 2 Cut small (thumb-nail sized) chunks of sausage and slightly smaller pieces of cheese.
- 3 Tear off a small piece of dough. Place a piece of sausage and cheese in middle of dough and close edges to form a round pocket. If the dough is too thin in spots, you need a larger piece.
- 4 Place the individual bites close together in an even row. Bake.
- 5 Brush the top with olive oil, sprinkle with herbs.
- 6 Bake for about 10 minutes or just until the edges of the dough begin to brown.

Serve with marinara sauce for dipping.

See a food trend you think deserves a highlight in Bridges?  
Email [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)  
or visit Bridges on Facebook.



A wacky off-Grey Cup party replicates the 1980s. **PHOTO BY JENNA SHARP** FOOD STYLING BY LILIA BOKANAK

## Grey Cup Week, Nov. 20 to 24

### SASKATOON GREY CUP PARTY

BRIDGLES NORTH  
NOV. 23, 2013  
10 PM PLACE  
306-570-7700

The 101st Grey Cup Festival heads north for Saskatoon's own Bridgles North. With performances by The Sheppard, Dinkoveller and The Castaways. Advance tickets \$30, \$35 at the door.

# Saskatoon's Best Selection of PRE-LOVED VEHICLES



## 2004 HONDA CIVIC

1.7L i-4, 5 Spd Manual, Black, Cloth, 75,347 km. #B163

\$9,995\*



## 2006 FORD ESCAPE XLT

2.0L V-6, 4 Spd Automatic, Red, 156,827 km. #B29408

\$12,995\*



## 2006 PONTIAC TORRENT

3.0L V-6, 5 Spd Automatic, Brown, BOOF HEATED SEATS, 103,519 km. #B3743

\$13,995\*



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2.5L i-4, 110 SEATS REMOTE STA, 94,957 km. #B4462

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2.5L V-6, 4 Spd Automatic, Black, Grey cloth, 37,470 km. #C6517

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3.0L V-6, 6 Spd Automatic, Green, leather, 47,500 km. #B3838

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Go Further

# WINE WORLD

# SWEDISH HOT SPICED WINE

## Glug glug: Wine to keep you warm during the game

By James Romanow

A drink of its kind, low-alcohol and ending up bringing home a Swedish wine home to her first Christmas and made it into wine for us, a popular Swedish beverage called Glögg. Delightfully, it's pronounced 'glög' (Glee, I wonder where they found that name?).

Combine the ingredients in a sauce pan, warm it to just below boiling, then pour the alcohol off. This leaves you with a warm, spicy drink, but not particularly alcoholic, allowing for drinking throughout the festivity. (When the kids are asleep, then you pull the alcohol from the freezer for sips with beer.)

Many adjust the alcohol level by making the Glögg and adding a shot or two of brandy, rum, or another liquor after it has cooled. Spicing is typically cinnamon, cloves and nutmeg. Ideally, it's served in a mug with a cinnamon stick while hot.

If you would say, by taking your Glögg to game (have been left out), with some Swedish food, game, I'd suggest relaxing to about 130°F and adding a shot or two to the cinnamon. (Not that I would ever encourage anyone to drink to pass.) It's against the law! I'd go easy on the addition of liquor or brandy. Somebody has to drive home and your kid will be too tired.

More wine on Monday's paper or on Twitter @JRomanow.

Glögg (Dilled Wine)



### INGREDIENTS

- 1 apple, chopped
  - 1 orange, zested and quartered
  - 1/2 cup sugar
  - 1 clove
  - 1 tsp. ground cinnamon and/or nutmeg
  - 1 bottle red wine (I use Merlot of J. Robert)
- Heat brandy, rum, or another liquor after it has cooled.

### METHOD

1. In a sauce pan, add all the ingredients and warm, stirring constantly.
2. If you want more alcohol to remain, keep the temperature well below boiling. If you prefer to reheat, add alcohol later, bring to a boil for 10 minutes. Let steep on the counter overnight.
3. Strain and warm slowly. Decant into a thermos or a mug. Add sugar (a shot or two) and a cinnamon stick. Add vodka, brandy, rum, or another liquor to taste.
4. If you're left, it's optional, warm and strain. Then, add up to a cup of alcohol. Or not.

## Crossword/Sudoku answers

A	S	F	A	P	O	H	N	I	S	T
M	D	S	S	I	F	A	R	E	C	O
F	A	D	R	N	A	T	H	I	S	R
M	A	P	E	R	E	E	R	A	C	I
			R	A	C	O	N	F	A	T
			I	C	H	O	R	D	I	R
			A	I	S	E				
			N	O	O	N		A	S	I
			F	A	M	S				
			T	H	R	O	W	N	T	H
			E	T	O	W	E	L		
			H	A	S		R	I	F	A
			E	C	H	O	R	D		
			H	I	L	E	R	O		
			M	I	L	E				
			M	A	N					
			O	N	A					
			R	T	E					

7	4	6	5	9	8	1	3	2	
2	9	5	1	3	7	4	8	6	
3	8	1	6	4	2	9	7	5	
9	5	8	2	6	1	3	4	7	
6	3	4	7	5	9	8	2	1	
1	2	7	4	8	3	6	5	9	
8	6	9	3	2	5	7	1	4	
4	7	2	8	1	6	5	9	3	
5	1	3	9	7	4	2	6	8	

## Letters to Santa

## Children of ALL AGES

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**YOUR RESPONSE WAS OVERWHELMING!**

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Please write or draw (or both) telling Santa about a family Christmas tradition.

• PLEASE WRITE IN PEN •  
(No acrylics or pencils)

Some of the letters received will appear in The StarPhoenix and Bodge.



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